



Senior School

Term 2 Training Schedule

Week No	Monday	Tuesday	Wednesday	Thursday	Friday
1	First Week (No Training)				
2	G	B	G	B	G
3	G	B	G	B	B
4	G	B	G	B	G
5	G	B	G	B	B
6	G	B	G	B	G
	Half Term				
7	G	B	G	B	B
8	G	B	B	B	G
9	G	B	G	B	B
10	G	B	B	B	G
11	G	B	G	B	No Training
12	Last Week (No Training)				